



# Coach Safety

## General Health and Safety

- If unwell – **STAY HOME**
- While physical distancing will not always be maintained during training, we encourage everyone to adhere to distancing measures outside the field of play
- Avoid hand shakes or similar contact
- Please use hand sanitiser to clean hands regularly

## Arrival

- Please check in for contact tracing
- Please disinfect/clean gear (balls and cones)
- Wash or sanitise hands

## Training

- Please avoid sharing bibs
- Avoid players handling cones
- No team huddles

## After Training

- Clean balls/cones (at field) and bibs (home)
- Wash or sanitise hands